

# **LESSON PLANS**

For

## **APPLIED MUSIC: FLUTE**

Set forth below is a four-year (8-level) program of study which should afford optimum development in flute playing when followed without significant alteration. It should be noted that flute students enter Duke Ellington School of the Arts at different levels of ability and musicianship: some have never experienced individualized study before. It is therefore unlikely that every student will have covered all 8 levels by the time he or she graduates.

# SUPPLEMENT SHEET FOR GOOD TONE

A Flute

Staff A: Flute part. It begins with a treble clef and a common time signature (C). The first measure contains a half note E4 with a slur above it. The second measure contains a half note A4 with a slur above it. The third measure contains a half note B4 with a slur above it. The fourth measure contains a half note Bb4 with a slur above it. The fifth measure contains a half note A4 with a slur above it. The sixth measure contains a half note G4 with a slur above it. The seventh measure contains a half note F4 with a slur above it. The eighth measure contains a half note E4 with a slur above it. The piece ends with a double bar line and a final E4 note. Dynamics include *pp* at the beginning, *fff* in the middle, and *pp simile* towards the end.

B

Staff B: Flute part. It begins with a treble clef and a common time signature (C). The first measure contains a half note E4 with a slur above it. The second measure contains a half note A4 with a slur above it. The third measure contains a half note B4 with a slur above it. The fourth measure contains a half note Bb4 with a slur above it. The fifth measure contains a half note A4 with a slur above it. The sixth measure contains a half note G4 with a slur above it. The seventh measure contains a half note F4 with a slur above it. The eighth measure contains a half note E4 with a slur above it. The piece ends with a double bar line and a final E4 note. The dynamic is *f*.

C

Staff C: Flute part. It begins with a treble clef and a common time signature (C). The first measure contains a half note E4 with a slur above it. The second measure contains a half note A4 with a slur above it. The third measure contains a half note B4 with a slur above it. The fourth measure contains a half note Bb4 with a slur above it. The fifth measure contains a half note A4 with a slur above it. The sixth measure contains a half note G4 with a slur above it. The seventh measure contains a half note F4 with a slur above it. The eighth measure contains a half note E4 with a slur above it. The piece ends with a double bar line and a final E4 note. The dynamic is *f*.

D

Staff D: Flute part. It begins with a treble clef and a common time signature (C). The first measure contains a half note E4 with a slur above it. The second measure contains a half note A4 with a slur above it. The third measure contains a half note B4 with a slur above it. The fourth measure contains a half note Bb4 with a slur above it. The fifth measure contains a half note A4 with a slur above it. The sixth measure contains a half note G4 with a slur above it. The seventh measure contains a half note F4 with a slur above it. The eighth measure contains a half note E4 with a slur above it. The piece ends with a double bar line and a final E4 note. The dynamic is *f*.

## APPLIED MUSIC: FLUTE

### Level 1

- A. Major scales, one octave, all tongued in quarter notes (quarter note = 60) through 3 flats and 3 sharps.
- B. Work in a beginning method book (Wagner's Foundation to Flute Playing, or equivalent).  
Concentrate on basics: embouchure, sound support, breathing, attacks, etc..
- C. Short tunes from the rear of Foundation...

### Level 2

- A. Major scales, one octave, evenly slurred in quarter notes (quarter note = 60) through 3 flats and 3 sharps.
- B. Add work on staccato tonguing, long slurred passages, phrasing, and breath attacks.
- C. Add simple solos from L.Moyse's 40 Little Pieces for Beginning Flutists (#1-28) or the equivalent.

### Level 3

- A. Major and minor scales (harmonic/melodic), one octave, all tongued in quarter notes (quarter note = 80) through 5 flats and 5 sharps.
- B. Add grace notes, trills, turns, and other forms of ornamentation.
- C. More Foundation...tunes, solos in contrasting styles from 40 Little Pieces..., or easy tunes for recorders.

### Level 4

- A. Major and minor scales (harmonic/melodic), evenly slurred in quarter notes (quarter note = 80-100) through 5 flats and 5 sharps.
- B. Completion of Foundation... book. (Be sure to cover cadenzas, theme & variations, and major etudes near end of book).
- C. Solos in 40 Little Pieces... (#29-40), or the equivalent.

### Level 5

- A. Major and minor scales (harmonic/melodic), two octaves, slurred and articulated in quarter notes (quarter note = 100) in all keys. Chromatic scale, two octaves.
- B. Introduce Andersen etudes, op. 37 or op. 41. Supplement w/selected exercises from Taffanel-Gaubert's 17 Big Daily Exercises (e.g., 5-finger exercise in major, then minor in all articulations).  
Optional materials: Advanced Rubank, Vols 1 & 2  
Cavally Melodious & Progressive Studies, Bk.1

- C. Solos as found in “24 Short Concert Pieces”, or easy classical sonatas or equivalent.

Level 6

- A. Major and minor scales (harmonic/melodic) with arpeggios, two octaves, slurred and articulated, in eight notes (quarter note = 116) in all keys. Chromatic scale, two octaves.
- B. Completion of Andersen, op. 37 or op. 41. Add “Big System” from 17 Big Daily Exercises.
- C. Solos are the same as in Level 5.

Level 7

- A. Major and minor scales (harmonic/melodic) with arpeggios, two octaves, slurred and articulated in sixteenth notes (quarter note = 92) in all keys. Chromatic and C scales, three octaves.
- B. Introduce Andersen op. 33 or Drouet’s 25 Celebrated Etudes for enrichment of phrasing and concert style.  
Optional studies: Berbiguier’s 18 Studies for Flute  
Altes’ 26 Selected Studies
- D. A Baroque or Classical sonata (Telemann, C.P.E. Bach)  
A concerto (Mozart G Major or D Major w/cadenza; Ibert; etc.)  
A piece for flute alone (Debussy-Syrinx; Bach-Sonata in A Minor; etc.)  
A contemporary solo (Griffes-Poem; Kennan-Night Soliloquy; Poulenc-Sonata; etc.)

Level 8

- A. Major and minor scales (harmonic/melodic) with arpeggios, two octaves, slurred and articulated in sixteenth notes (quarter note = 100-104) in all keys. Chromatic and C scales, three octaves.
- B. Completion of Andersen op. 33 or Drouet 25 Celebrated Etudes. Add thirds from 17 Big Daily Exercises. Extend 5-finger exercise from same by one whole step on the bottom and by one half step on the top.  
Optional material: The Modern Flutist (Donjon & Karg-Elert etudes)  
Andersen, op. 63  
Bach, 24 Concert Studies
- C. Solos same as Level 7. Recital required.

It is a requirement to pass this course that students participate/attend all rehearsals and performances. The grade for each advisory will be based on the following areas:

Participation		10%
Practice and Application	50%	
Assessments		40%

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## Flute Ensemble I - IV

**Flute Ensemble I – IV:** The flute ensemble is comprised of students from grades 9-12. It should be noted that not all students are on the same level, technically and artistically. Therefore, the literature studied in this course must be geared toward what the least experienced student can be expected to learn **well** in the interval between the monthly student recitals in which the flute ensemble typically participates. This group has performed on every (or nearly every) student recital at Ellington since at least 1992.

In this course, the student is expected to develop a firm understanding of the following basic concepts in music: *dynamics, rhythm, technique, blend, articulation, phrasing, tempo, intonation, style, and tone*. Each player learns to appreciate the significance of his or her own part, even if it is not the lead part.

More experienced students get to play specialty instruments like alto flute and bass flute on pieces written for 4-8 players. We cover literature from Beethoven to Take 6.

**Teaching Strategies:** Demonstrations, small group interaction with emphasis on proper tuning and blend.

**Formative Assessments:** In each rehearsal (and especially in each performance), the instructor evaluates how well the above 10 music concepts are being observed by the players, as well as how well the stage decorum taught is demonstrated.

It is a requirement to pass this course that students participate/attend all rehearsals and performances. The grade for each advisory will be based on the following areas:

Participation	10%
Practice and Application	50%
Assessments	40%