Duke Ellington School of the Arts Health Science Course Syllabus 2018-19

Instructor: Ms. Beverly Clavon Email: healthgeekg88@gmail.com

Textbook: Comprehensive Health by G-W will be the main resource. Students will also glean Information from handouts, media, medical journals and trade books pertaining to the DCPS health standards. Textbooks cannot be checkout. However, pdf copies of chapters are available on Aspen.

Course Description & Objectives: DCPS has moved towards a skills-based Health curriculum. This is to ensure that all students graduate with proficiency in the following skills:

Advocacy Goal-Setting Stress Management Analyzing Influences Decision making
Accessing Information, products & services
Refusal Skills
Conflict Resolution

The primary goal of this course is to teach students the elements of health-enhancing lifelong behaviors in the following topics:

Stress & Anxiety (wk 2-3) Emotional Health (wk 4-5) Alcohol and Other Drugs (wk 6-7) Nutrition (wk 8-10) Disease Prevention (wk11-12) Human Growth & Development (wk13-14) Sexuality & Reproduction i.e. STIs (wk15-16)

Required Materials: Students are expected to come prepared with writing utensils and paper at every class. Teacher does NOT provide these materials. Students must have regular access to the internet for Aspen access at least once a week. The REMIND APP will be used to help students stay organized. (Ask your child how you can get on it too)

Course Policies/Procedures:

Attendance policies will be <u>strictly enforced</u>. Illegible work will not be accepted. Students are STRONGLY ENCOURAGED to have a note-taking system, as quizzes will be open note and/or online. Late work will be accepted for 50% deduction and only for work within the current advisory. Warm ups cannot be made up. For tests missed because of an excused absence, the student must schedule a time with the teacher to take the missed test. It is the <u>student's responsibility</u> to set up the appointment.

Grading

Participation = 10% of total grade Assessments (Quizzes, projects, Tests) = 40% of total grade Practice & Assignments (classwork, homework, group work) = 50% of total grade

Final Note:

ASPEN IS ESSENTIAL FOR BOTH STUDENTS AND PARENTS!. Students and parents are encouraged to contact me throughout the semester about any concerns they may have. Concerns and issues should not be left to the end of the advisory or the semester when it will be too late to respond appropriately.

HOW TO GET AN A TODAY!

STUDENTS: Go to this link https://bit.ly/2BqAFLL and complete the 2 min survey. PARENTS: Go to this link https://bit.ly/2OQDCah and complete the 2 min survey so your student will get credit!

Ms. Clavon Health Teacher Health is nothing until it is everything!